

St. Paul the Apostle and Immaculate Conception Churches



"To grow as disciples, living and sharing the love of Christ." - Father, Son and Holy Spirit - in our lives, energized by the intercession of Mary and the great Communion of Saints, and grounded in the Sacred Scripture, Tradition, Catholic Teaching, Sacrament and Prayer, we, parishioners of St. Paul the Apostle Parish, reach out to embrace all of God's children, encouraging them to receive the gift of eternal salvation, accept Jesus Christ as their Lord, and follow in his footsteps. We declare our solidarity with the poor of the world, and pledge to help them by sharing our love and bounty.

Sunday Liturgies

Saturday:

5:00 p.m. at St. Paul's

Sunday:

9:00 a.m. at Immaculate Conception

10:30 a.m. at St Paul the Apostle

Weekday Liturgies

Tuesday: 7:00 p.m. at St. Paul's

Wednesday & Thursday: 8:00 a.m. at St. Paul's

Friday: 12:10 noon at Immaculate Conception

Saturday: 9:00a.m. at Immaculate Conception

Exposition of the Blessed Sacrament Exposition on the First Friday of each month at Immaculate Conception Church from 1:00pm Friday until 8:00am Saturday.
Tuesday - 6:00 p.m. Holy Hour before 7:00 p.m. Mass at St. Paul's

YOUTH MINISTRY:

Edge Night (Gr. 6-8) See parish website

Life Teen (Gr. 9-12) See parish website

Reconciliation(Confessions): at St. Paul's

Saturday 4:00 p.m. to 4:45 p.m.

Tuesday 6:00 p.m. to 6:45 p.m.

Marriage:

Couples planning to be married must contact the parish priest one year in advance. No wedding date is to be set before consulting the parish priest. At least one of the parties should be a registered parishioner and both parties must attend a mandatory Marriage Preparation Course.

Baptism:

Parents/Guardians should be registered parishioners and attend Baptism preparation class along with godparents. (Registration package available from church office).

Anointing of the Sick and Holy Communion: If anybody is sick (at the Hospital, Home, Nursing Home, etc.) & needs to be anointed or would like to receive Holy Communion or Confession, please call office.

Schools:

Holy Family Elementary School	705-435-3989
St. Paul's Elementary School	705-435-7211
St. Cecilia Catholic School	705-530-9597
St. Thomas Aquinas High School	905-936-4743

Pastoral Ministries:

Life Teen and The Edge Youth Ministry for students in grade six through to high school; Altar Servers; Lectors; Ushers; Eucharistic Ministers; Music Ministry; Pastoral Care Ministers to the sick and shut-ins; Children's Liturgy; Pastoral Council; R.C.I.A.; and Sacramental Preparation

Organizations:

The Catholic Women's League of Canada; Knights of Columbus; Columbian Squires (boys 10 - 18 yrs) St. Vincent de Paul Society

Stewardship:

Welcome to new parishioners! To be a member of our parish is to have a sense of belonging to a Community of Faith. Registration forms and envelopes are available in the foyer of the church.

PARISH WEBSITE: stpaultheapostleal.archtoronto.org

St. Paul the Apostle

P.O. Box 789, 190 King St. S.,
Alliston, ON L9R 1V9

OFFICE HRS: Tues-Fri 9-4:00 p.m.

Office: 705-435-6325

Fax: 705-435-6859

Immaculate Conception

4791 Conc Rd 5, Adjala

Alliston ON L9R 1V1

email: stpaultheapostleal@archtoronto.org

Office Manager: Anu Antao Ext.21

Pastor: Fr. Norberto Eyule, Ext. 22

email: neyule@archtoronto.org

Deacon: Michael Lewis Tel:905-952-7970

email: mlewis1@sympatico.ca

Youth Minister: Dave McKendrick, Ext. 24

Text/Call – 647-237-1348 (BEST)

Email: DMcKendrick@archtoronto.org



4th Sunday in Ordinary Time ~ 28 January 2024

They were all amazed, and they kept on asking one another, "What is this? A new teaching – with authority! He commands even the unclean spirits, and they obey him." At once Jesus' fame began to spread throughout the surrounding region of Galilee. *Mark 1:27-28*

First Reading + Deuteronomy 18:15-20
Second Reading + 1 Corinthians 7:32-35
Gospel + Mark 1:21-28

Mass Intentions for the Week

Monday, January 29

NO MASS SCHEDULED

Tuesday, January 30

5:20pm+Marian Cenacle

6:00pm+HOLY HOUR

6:15pm – 6:45pm + CONFESSIONS

(*Multiple Intentions Mass – Per.Int.*)

7:00pm+Rosalie Webber, Kaylee Wood, Roisin Tan,

Matthias Tan, Ann-Marie Black

Wednesday, January 31

8:00am+Bruce Family, Per. Int.

10:30am+Mass at Riverwood Retirement Home

Thursday, February 1

8:00am+Gino GISMONDI, RIP – B/M McCallum

10:30am+Mass at the Kingsmere Community

Friday, February 2 – Presentation of the Lord

(*Mass at Immaculate Conception Church*)

(*Multiple Intentions Mass- RIP*)

12:10pm+ Deceased Members of O'REILLY Family,

Carsten SCHERNEKAO, Donald BERTRAND,

Gino GISMONDI, Ida GLASS,

Saturday, February 3

(*Morning Mass at Immaculate Conception*)

9:00am+John Mastelarz, PIO-M/M Berberick

5:00pm+ FOR THE PEOPLE OF THE PARISH

Sunday, February 4

9:00am+Nicholas KRZYWONOS, RIP- D. Geronimo

10:30am+Gino GISMONDI, RIP – A. Parishioner

The Subtleties of Grace

In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" The unclean spirit convulsed him and with a loud cry came out of him. [Mark 1:23–26](#)

It's interesting to note that this unclean spirit immediately knows Who Jesus is. This is because each of two opposites emphasizes the other very clearly. For example, the color black is most clearly seen when it is placed in front of something white. Or something hot is most noticeable after experiencing something very cold. And a loud noise is most jarring when someone is sitting in silence. And so it is with Jesus and evil. Jesus, the Holy One of God, is most clearly seen when He comes in contact with an unclean spirit.

This fact gives us some wonderful insights into our journey toward the heights of holiness. Oftentimes, when one experiences a profound and transforming conversion, it is because they were first living a life of sin. When one who is living in sin encounters the saving grace of God, it is quite noticeable. And that is good.

But there is also another spiritual insight we can take from this. To further the analogy, it is also true that when the color black is put next to something dark blue, or something hot is touched after holding something quite warm, there is less notice taken. So it is with the spiritual life. When we are striving to obtain true holiness of life, and when we are already living the many virtues to which we are called, the next step closer to God might not be nearly as noticeable. Instead, growth in perfection for one who is already striving for perfection will be very subtle. And that is also good.

This is important to understand because sometimes, when a person has gone through a powerful conversion earlier in life, they want to return to the experience they had when they initially converted. But that should not be our goal. Instead, we should continually strive to experience these more subtle changes that take us from a life of holiness to one of even greater holiness. In this case, if you do not sense a powerful contrast of spiritual experiences within you, that may be simply because there are no serious sins you are trying to overcome. Thus, the ideal for every Christian is to eventually experience less contrasting spiritual experiences and more that are gentle and subtle as our Lord continues to gently perfect you in many ways.

Reflect, today, upon your own spiritual journey toward holiness. If you do see serious sin in your life, know that God wants to profoundly free you and draw you through a major conversion. If you do not see serious sin in your life and if you already strive daily to become holy, then rejoice if your spiritual consolations and communications from God are much more subtle and, at times, undetectable. Keep working at perfection and rejoice that you are on the correct path.

Lord of all holiness, please continue to draw me into the life of perfection. Help me to grow in every virtue and to continually be aware of every gift of grace I am given. Please help me, especially, to be attentive to every small and subtle grace and to respond to those graces with a truly open and grateful heart. Jesus, I trust in You!

Source: MyCatholicLife

Saint of the Week:

Grant me, O Lord my God, a mind to know you, a heart to seek you, wisdom to find you, conduct pleasing to you, faithful perseverance in waiting for you, and a hope of finally embracing you. Amen. - Thomas Aquinas (1226-1274), Patron of Universities, Feast Day January 28

Collections for – January 21, 2024

(This does not include PAG collection)

Sunday offering \$ 3777.45
Other collection \$ 2937.55

Total - \$6715.00

CWL PUBLIC SPEAKING COMPETITION

The Mary Matthews Public Speaking competition sponsored by the C.W.L. will take place in the parish hall on Monday, **February 5, 2024, at 7:00 p.m.** ALL parishioners are welcome to come and support these young people from St. Paul's, Holy Family and St. Cecilia schools as they deliver their prepared speeches in front of an audience.

2nd ANNUAL Knights of Columbus Valentines Dinner & Dance- February 10th - 630pm onwards

Back by popular demand, a great night of feasting, dancing, door prizes, DJ and Cash Bar. Tickets- (\$50/-per head or \$100/- per couple) will be on sale from Jan 13th after weekend masses or through the office during the week. You can call or text Ed Rooney at 416-579-0859 to reserve your tickets.

Get your tickets as soon as possible so you won't be disappointed!

Shrove Tuesday – February 13, 2024

(Pancake Supper from 4-7 pm in Fr. Bennett Hall)

Shrove Tuesday, also known as Pancake Tuesday in some cultures, is a significant day in the Christian calendar that marks the beginning of the season of Lent. The term "shrove" is derived from the Old English word "shrive," which means to confess or seek absolution for one's sins. This day holds special significance as it precedes Ash Wednesday, the first day of Lent.

Shrove Tuesday falls on the seventh week before Easter Sunday, and its date varies each year. The observance of Shrove Tuesday has roots in the practice of preparing for the solemn season of Lent, during which Christians engage in penance, prayer, and self-reflection. As Lent traditionally involves fasting or giving up certain indulgences, Shrove Tuesday serves as an opportunity for believers to use up rich foods such as eggs, butter, and sugar before the more austere period begins.

One of the most iconic traditions associated with Shrove Tuesday is the consumption of pancakes. Pancakes became a popular choice for this day due to their simplicity and the inclusion of ingredients like eggs and butter that would be restricted during Lent. Many communities host pancake breakfasts, and families often gather to share a meal of pancakes before entering the reflective period of Lent.

Beyond its culinary traditions, Shrove Tuesday carries deeper spiritual significance. It serves as a reminder for Christians to repent and seek forgiveness for their sins, following the example of the biblical practice of confessing sins before entering a season of penance. The act of shriving involves acknowledging one's faults and seeking absolution, fostering a sense of spiritual readiness for the Lenten journey ahead.

In various cultures, Shrove Tuesday is celebrated with diverse customs and festivities. Some communities organize carnivals or parades, while others engage in more subdued activities like communal prayers and church services. The emphasis, however, remains on preparation for Lent through acts of contrition and self-examination.

As Shrove Tuesday sets the stage for the Lenten season, it encourages believers to reflect on their spiritual journey and renew their commitment to living a life aligned with Christian principles. The festive nature of the day, marked by the sharing of meals and enjoyment of traditional foods, fosters a sense of community and togetherness among believers.

In conclusion, Shrove Tuesday stands as a pivotal day in the Christian calendar, providing a designated time for self-reflection, confession, and preparation for the upcoming season of Lent. The customs and traditions associated with this day vary across cultures, but the common thread is the acknowledgment of human fallibility and the pursuit of spiritual renewal. As Christians partake in the joyous festivities and indulge in pancakes, they are reminded of the importance of repentance and the transformative journey that lies ahead during the Lenten season.

Ash Wednesday

February 14th at St. Paul's
8:00a.m. & 7:00p.m.



The Stations of the Cross

During Lent we will pray The Stations of the Cross

Friday at 7:00 p.m. at St Paul's

From February 16th – March 29th, 2024

COLDEST NIGHT of the YEAR- FEB. 24th

The coldest night of the year is a winterrific family-friendly walk of 5 km to raise money for S.H.I.F.T., our local shelter, which serves people experiencing hurt, hunger and homelessness in our community.

Members of the C.W.L. have once again entered a team into the walk.

Would you like to join the team in walking? There is no cost to sign up. Call or email Martha Whelton (the Team Captain) at 705-435-0991 or me.whelton@sympatico.ca.

Prefer to donate? A tax receipt for donations of \$20 OR more can be printed off the website.

Donations may also be made online by **googling**: Coldest Night of the Year 2024, click on **donate**, and enter the **team name** (St. Paul's CWL). Then click on the **arrow after the team's name**, the names of **Martha Whelton and Beatriz Baumfeld** will be displayed. Click on **donate to team** and you can click on one or both of the names for your donation. A **printed tax receipt** is automatically available. Sometimes people write a short message to encourage the team.

Thank you very much for your donation to the CWL Team.

The Lift Jesus Higher Rally will once again be held on **Saturday, 2nd March, 2024 at the Metro Toronto Convention Centre, Toronto.**

The theme this year, ***"TAKE HEART: by his wounds we are healed"***

Please see the poster in the Narthex for details.

Parish Lenten Mission - TRANSFORMED

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Speaker and Musician – **Chris Bray**

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When: March 17, 18, 19

From: 7:00 pm -9:00 pm

See Poster for details.



645-9pm Mondays.

Bi-weekly. Check schedule.

Feb 1- Gr 8 & 9 Drop -in 330-5pm

Feb 3(Sat)- Valentines Dinner/Dance @St Mary's Nobelton WtN

Feb 5-No L/T



Grades 6 - 8. Mondays

645 - 830pm

Bi-weekly. Check schedule.

Jan 31-Edge Mtg 7-9pm Optional for Crew (teens)

Feb 1-Gr 8 & 9 Drop -in 330-5pm

Feb 5- No Edge

416-444-6666. www.ihours.com.

Please see the flyer on the bulletin board for more details.



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