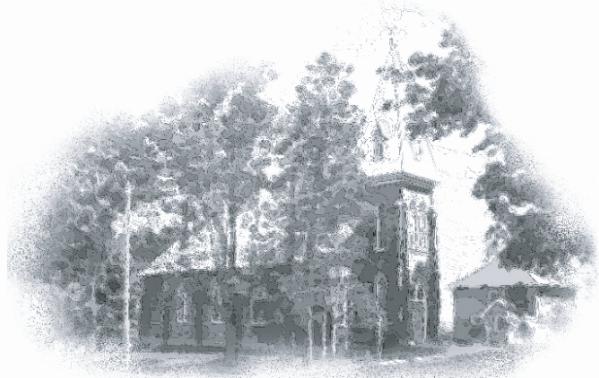
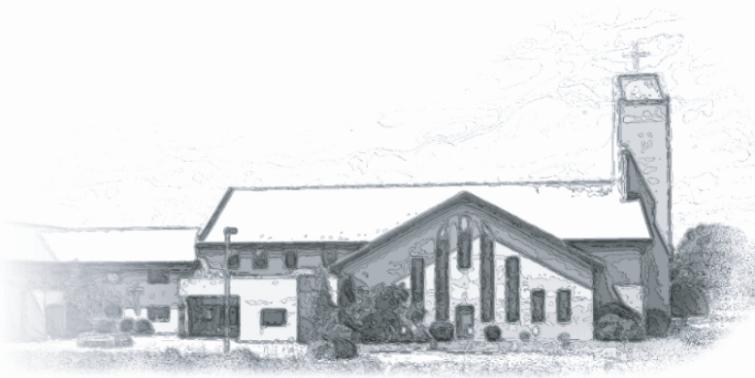


# St. Paul the Apostle and Immaculate Conception Churches



*“To grow as disciples, living and sharing the love of Christ”*

## Sunday Liturgies

### **Saturday:**

5:00 p.m. at St Paul the Apostle

### **Sunday:**

9:00 a.m. at Immaculate Conception

10:30 a.m. at St Paul the Apostle

6:00 p.m. at St Paul the Apostle

## Weekday Liturgies

**Tuesday:** 7:00 p.m. at St. Paul's

**Wednesday & Thursday:** 8:00 a.m. at St. Paul's

**Friday:** 12:10 noon at Immaculate Conception

**Saturday:** 9:00a.m. at Immaculate Conception

**Exposition of the Blessed Sacrament** Exposition on the First Friday of each month at Immaculate Conception Church from 1:00pm Friday until 8:00am Saturday.

Tuesday - 6:00 p.m. Holy Hour before 7:00 p.m. Mass at St. Paul's

## **YOUTH MINISTRY:**

Edge Night (Gr. 6-8) See parish website

Life Teen (Gr. 9-12) See parish website

## **Reconciliation(Confessions): at St. Paul's**

Saturday 4:00 p.m. to 4:45 p.m.

Tuesday 6:00 p.m. to 6:45 p.m.

## **Marriage:**

Couples planning to be married must contact the parish priest one year in advance. No wedding date is to be set before consulting the parish priest. At least one of the parties should be a registered parishioner and both parties must attend a mandatory Marriage Preparation Course.

## **Baptism:**

Parents/Guardians should be registered parishioners and attend Baptism preparation class along with godparents. (Registration package available from church office).

**Anointing of the Sick and Holy Communion:** If anybody is sick (at the Hospital, Home, Nursing Home, etc.) & needs to be anointed or would like to receive Holy Communion or Confession, please call office.

## **Schools:**

Holy Family Elementary School 705-435-3989

St. Paul's Elementary School 705-435-7211

St. Cecilia Catholic School 705-530-9597

St. Thomas Aquinas High School 905-936-4743

## **Pastoral Ministries:**

Life Teen and The Edge Youth Ministry for students in grade six through to high school; Altar Servers; Lectors; Ushers; Eucharistic Ministers; Music Ministry; Pastoral Care Ministers to the sick and shut-ins; Children's Liturgy; Pastoral Council; R.C.I.A.; and Sacramental Preparation

## **Organizations:**

The Catholic Women's League of Canada; Knights of Columbus; Columbian Squires (boys 10 - 18 yrs) St. Vincent de Paul Society

## **Stewardship:**

Welcome to new parishioners! To be a member of our parish is to have a sense of belonging to a Community of Faith. Registration forms and envelopes are available in the foyer of the church.

**PARISH WEBSITE: [stpaultheapostleal.archtoronto.org](http://stpaultheapostleal.archtoronto.org)**

## **St. Paul the Apostle**

P.O. Box 789, 190 King St. S.,  
Alliston, ON L9R 1V9

**OFFICE HRS: Tues-Fri 9-4:00 p.m.**

Office: 705-435-6325

Fax: 705-435-6859

## **Immaculate Conception**

4791 Conc Rd 5, Adjala  
Alliston ON L9R 1V1  
email: [stpaultheapostleal@archtoronto.org](mailto:stpaultheapostleal@archtoronto.org)

**Office Manager:** Anu Antao Ext.21

**Pastor:** Fr. Norberto Eyule, Ext. 22

email: [neyule@archtoronto.org](mailto:neyule@archtoronto.org)

**Deacon:** Michael Lewis Tel:905-952-7970

email: [mlewis1@sympatico.ca](mailto:mlewis1@sympatico.ca)

**Youth Minister:** Dave McKendrick, Ext. 24

email: [DMcKendrick@archtoronto.org](mailto:DMcKendrick@archtoronto.org)



## 4<sup>th</sup> Sunday in Ordinary Time ~ 1 February 2026

*"Blessed are the merciful, for they will receive mercy.  
Blessed are the pure in heart, for they will see God."*

Matthew 5:7-8

First Reading + Zephaniah 2:3; 3:12-13

Second Reading + 1 Corinthians 1:26-31

Gospel + Matthew 5:1-12

### Mass Intentions for the Week

**Monday, February 2**

NO MASS SCHEDULED

**Tuesday, February 3**

(Multiple Intention Mass – Per. Int.)

5:20pm+ Marian Cenacle

6:00pm+ HOLY HOUR

\*\*6:15pm – 6:45pm + CONFESSIONS\*\*

7:00pm+ Jan Mastelarz, Per. Int.-M/M Berberick

**Wednesday, February 4**

8:00am+ Sam Lee, Per. Int.- C. Orr

**Thursday, February 5**

8:00am+ Bob Polich, RIP-M/M Berberick

10:30am+ (Mass at Kingsmere Community)

10:30am+ Josephine Doner, RIP- J/R Vandervoort

**Friday, February 6**

(Mass at Immaculate Conception)

12:10pm+ (Multiple Intention Mass – Per. Int.)

Mary-Elizabeth & John Bryant, Ginette Cole,

Marissa Filippelli, Suzanne Hayes &

Shirley Anne Malbouf-Trumble

### Followed by Exposition & Adoration till 8:00am

**Saturday, February 7**

(Daily mass at Immaculate Conception)

9:00am+ Rev. Jan SADOWSKI, RIP- Arch TO

5:00pm+ Jaime DANIEL, RIP- N. Daniel

**Sunday, February 8**

9:00am+ SOULS in PURGATORY

10:30am+ FOR THE PEOPLE OF THE PARISH

6:00pm+ FOR THE PEOPLE OF THE PARISH

### The Call to Beatitude

When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven." [Matthew 5:1-3](#)

The Beatitudes call us to the heights of morality and holiness. Those who live according to these divine precepts are blessed beyond measure. The promises to those who live this high calling are great: They become children of God and inherit the Kingdom of Heaven. Furthermore, they receive comfort, satisfaction, mercy, purity, and peace. Though the rewards are great, so are the requirements: spiritual poverty, holy sorrow, meekness, longing for righteousness, a merciful heart, purity, peacemaking, and patient endurance during persecution.

The Beatitudes reveal the culmination of God's moral teaching and the highest revelation of the Christian life. To fully appreciate their significance, it is helpful to understand the history of moral revelation. Doing so is more than a history lesson on God's deepening revelation, it also reveals the path for our spiritual journey toward perfection.

Morality begins with the Natural Law—the innate understanding of right and wrong written on the human heart. This Law is from God and is often described as living in accord with right reason or common sense. All people have access to this moral law within their own consciences, enabling them to recognize God as the Creator, honor Him, respect human dignity and the common good, and refrain from acts such as murder, theft, and deception. Though universally present in all people, sin and our fallen human nature cloud our ability to clearly see and follow that law.

In the Old Testament, God slowly revealed Himself and called His people to greater holiness and moral living by adding to the Natural Law through revelation. From Abraham and his descendants, God raised up Moses through whom He revealed the Ten Commandments—a concise moral code rooted in Natural Law but explicitly revealed by God that called His chosen people to right worship, justice, and love for one's neighbor.

Through the prophets—such as Isaiah, Jeremiah, and Ezekiel—God called Israel to move beyond mere external observance of the law to an interior conversion of heart. Isaiah emphasized the virtues of justice and mercy, Jeremiah prophesied a new covenant in which God's law would be written on the hearts of His people, and Ezekiel promised that God would give His people a new heart and a new spirit, enabling them to follow His statutes.

The wisdom literature—Psalms, Proverbs, Ecclesiastes, Wisdom, Sirach—deepened the understanding of moral life by revealing moral gifts, such as the Fear of the Lord, the blessedness of righteousness, and the call to trust in God's providence and live a virtuous life.

The Beatitudes elevate all laws of the Old Covenant. Jesus not only calls us to profound holiness, He also provides the means to achieve it through His Sacrifice, transmitted through the grace of the Sacraments. To live the Beatitudes is to live in imitation of Christ, who perfectly embodied all virtues in His life, Passion, and Resurrection. Hence, the Beatitudes are not only a moral code we must follow, they are a participation in and union with the Son of God, Who lived the Beatitudes to perfection.

As we ponder the Beatitudes, reflect today on their high and glorious calling, as well as their rewards. Sometimes, reading the Beatitudes can leave us discouraged, as we are aware of how far we are away from perfecting them. Dispel discouragement and know that these new divine precepts are attainable by grace. Set your eyes on the heights of perfection and open yourself to the abundant grace offered. Doing so will not only result in glorious spiritual rewards in this life, it will also result in the greatest eternal rewards in Heaven.

*Lord of perfection, You lived the Beatitudes to the fullest during Your life on earth and continue to manifest those perfections from Heaven. Please open my heart to Your grace and fill me with Your Holy Spirit, so that I may answer the call to the new and glorious moral state to which I am called. Empower me to live fully immersed in and guided by Your Sacrificial Love. Help me to inspire others to embrace this path of holiness, so that we may journey together toward the eternal joy of Your Kingdom. Jesus, I trust in You!*

*Source: MyCatholicLife*

### Saint of the Week:

The only reason for my being killed is that I have taught the doctrine of Christ. I certainly did teach the doctrine of Christ. I thank God it is for this reason I die.

- St Paul Mikki (1564-1597), Martyr, Feast Day February 6

**FREE CATHOLIC ESTATE PLANNING WEBINAR**

Saturday, February 7, 2026, at 9:00 a.m.

Learn:

- **How to avoid problems:** in your Will, in the Powers of Attorney, and through proper Estate Trustee selection
- **How to create your own legacy**
- **About our Catholic traditions around cremation, burials and funerals**

**3 WAYS TO REGISTER:**

1. scan this QR code:



2. follow this registration link:

<https://qrco.de/WedFeb7>

3. send an email to: [Development@ArchToronto.org](mailto:Development@ArchToronto.org) and write "webinar February 7" in the title line + your name(s) in the body of the message.

**Special Anniversary Mass—February 14 at 10:30 AM**

As part of our parish's 150th anniversary celebrations, we invite all couples marking milestone anniversaries in 2026 – 25 or 50 years (in multiples of 5) to join us for a Special Anniversary Mass on **Saturday, February 14th at 10:30 AM**.

Following the Mass, refreshments/cake will be served in **Fr. Bennett Hall** as we continue the joyful celebration together.

**We kindly request that you inform us of the number of family members who will be in attendance, so that appropriate arrangements for refreshments may be made.**

To participate, please call or email the parish office to register your anniversary. **Last day to register is February 6<sup>th</sup>**

† Please note that on Ash Wednesday and Good Friday, Catholics are obliged to observe fasting and abstinence from meat. The law of abstinence from meat binds those who are 14 and older; the law of fasting binds those from 18-59 years of age. One way to fast would be to have one larger meal and two light meals.

On Fridays especially during Lent, Catholics are also obliged to do something penitential. They can fast from meat or pray the Stations of the Cross or do charitable works or alms giving.

**Ash Wednesday Masses**

Feb 18 at St. Paul's  
8:00a.m. & 7:00p.m.

†  
**The Stations of the Cross**

During Lent we will pray The Stations of the Cross  
every **Friday at 7:00p.m.** from  
February 20<sup>th</sup> - April 3<sup>rd</sup>

**COLDEST NIGHT of the YEAR- FEB. 28<sup>th</sup>**

The coldest night of the year is a winterflic family-friendly walk of 5 km to raise money for S.H.I.F.T., our local shelter, which serves people experiencing hunger and homelessness in our community. Members of the C.W.L. have once again entered a team into the walk.

Would you like to join the team in walking? There is no cost to sign up. Call or email Martha Whelton (the Team Captain) at **705-435-0991** or [me.whelton@sympatico.ca](mailto:me.whelton@sympatico.ca).

Prefer to donate? Donations may be made online by **googling: Coldest Night of the Year 2026**, click on **donate**, and enter the **team's name** (St. Paul's CWL). Then click on the **arrow after the team's name**, the names of Martha Whelton and Beatriz Baumfeld will be displayed. Click on **donate to team**. A **printed tax receipt will be sent to your email address**. Sometimes people write a short message to encourage the team.

**Thank you very much for your donation to the CWL Team's efforts.**

**Save the date.....**

**August 30<sup>th</sup>, 2026**

Conclusion of 150<sup>th</sup> anniversary of St Paul's Church. The 10:30am Mass will be celebrated by **His Eminence Francis Cardinal Leo**.

More information to follow....



**Serra's 'Vocation Seeds'**  
**Fourth Sunday in Ordinary Time**

Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven..." Do not be discouraged by jeers when considering being a priest, deacon, brother or sister. If God is calling you, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

**Email:** [vocations@archtoronto.org](mailto:vocations@archtoronto.org)  
[www.vocationstoronto.ca](http://www.vocationstoronto.ca)

**Pastoral Council Nominations- 2026-2028 term**

For February and March, we will have nominations for Pastoral Council members for the 2026-2028 term. Elections will be held on April 19<sup>th</sup>

The nomination forms are placed in the narthex. You may nominate yourself or and of your fellow parishioners.

**2025 Parish Tax Receipts** are being processed. You will receive them by mail at the address in our system, on or before Monday February 16th.

If you do not receive them by end of February, please contact the office.

Thank you for your generosity.



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